

Brief your A/Rs

Throw in: Watch the feet, can't step onto field, line is OK, give them top of grass
Offside: Stay with the second-to-last defender and follow the ball all the way to the goal line. If there is an offside, hold your flag until 1 of 3 things happens: I wave you down; the ball is played up field beyond the infraction; or the ball is collected by the keeper for a punt or goes out of play.
Goals: If good, sprint up field, if not, stand at goal line.
Goal kick : Check ball placement; no encroachment.
Punt: GK must be in box otherwise it's a handball
PK: Take position at intersection of goal line & 18 yd line.
Mirror flags: in case center misses a signal by other AR.
Time Remaining: 3 fingers on shorts; closed fist on shorts no time remaining, move signal to chest if I miss it on shorts.
Wave down: If I wave you down, I saw it differently

Brief the Coaches & Teams

Check equipment: No watches. No jewelry except medical or religious which must be taped to body. Only soccer or tennis shoes. Can't play with football or baseball shoes. The director of referees must approve cast protection.
Substitutions: U7-U8 Subs during quarter break or injury.
U10 – U19 Subs on any goal kick or kick-off and on own throw-in. Must be up and ready at halfway line. Coach will call players off. I will motion them on to field. Do not come on till I motion you on.
Injury: Kick the ball out
Handball: Hand to ball not ball to hand.
Whistle: Means stop. Play until you hear it.

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